

# Support Groups

## **Look Good ... Feel Better®**

Helping women cope with the appearance-related side effects of cancer treatment.

Registration is required.

- Meets Quarterly
- Memorial Hospital South Building
- (228) 867-4077

## **Living With Cancer**

This support group offers cancer patients, care givers and survivors the opportunity to share their experiences of living with cancer.

- First Tuesday of each month, 4 p.m.
- Memorial Hospital Cafeteria Alcove
- (228) 575-1287 for more information

## **Alcoholics Anonymous**

- Meetings held 7 days a week at different locations
- Memorial Behavioral Health
- Meetings are Thursdays from 7 – 8 p.m.
- (228) 575-9225

## **Gamblers Anonymous**

- Meetings held 7 days a week at different locations
- Memorial Behavioral Health
- Meetings are Tuesdays and Wednesdays from 7 – 8 p.m.
- Memorial Hospital – South Building
- Meeting is each Sunday at 6 p.m.
- (855) 222-5542 (Hotline) or <http://www.msgambler.org>

## **Tobacco Cessation Classes**

Memorial Hospital, in conjunction with the Mississippi State Department of Health and the ACT Center, offers a comprehensive tobacco cessation program free of charge to help you quit.

- Classes meet once a week (morning and evening classes available) for six weeks with a follow-up session on the eighth week
- Pre-registration is required
- Participants are also provided on-going support by telephone for a year and may attend future classes.
- (228) 867-4022 for more information.

## **Ostomy Support Group**

The United Ostomy Association of America holds a support group meeting for intestinal or urinary diversions patients and caregivers.

- Meetings are on the third Tuesday of every month.
- Memorial Hospital Cafeteria—East side
- (228) 865-3047 for more information

## **Gastric Sleeve Support Group**

- Monthly from 5 - 6 p.m.
- Memorial Hospital – South Building, Classroom 5.
- (228) 575-1529 for more information.